



## CONTACT US:



[www.demcare4all.eu](http://www.demcare4all.eu)



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## The aim of DEMcare4all

This project aims to educate, inform and raise awareness about dementia among formal and family caregivers as well as people with dementia and those with early stages of dementia, aged 50+.

The project also aims to educate and familiarize children and young people aged 6-17 who live at the same house with people with dementia.

The outputs will consist of:

- a training programme about dementia, addressed to formal and family caregivers and people with early stages of dementia.
- an educational programme targeting children and young people who live at the same house with grandparents or even parents suffering from dementia.
- An intergenerational intervention with a set of games and art activities, involving the target groups.



## WHY THIS PROJECT

*DEMcare4all is a project, which with its activities and results, aims to provide safe, effective and comfortable care and to improve the lives of people with dementia, of their caregivers and of their family members.*



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## 1ST MEETING

The DEMCare4all kick off meeting took place in December 2022 as an online meeting where the partners had the opportunity to introduce themselves and their organizations and to discuss the main aims and objectives of the project.

On 23th and 24th of February 2023 the partners met again, this time face-to-face in Uppsala, Sweden and discussed, in detail, all the activities and results to be achieved.

Also, the partners agreed about the division of responsibilities and actions to be implemented by each member of the project partnership for the next period steps and about the overall workplan. Finally the time and place for the next project partner meeting were fixed. The meeting will take place in Aarhus, Denmark 9th and 10th of October 2023.



## OUR MOTTO

*Promoting intergenerational activities to support family caregivers of people with dementia*



# TRAINING PROGRAMME FOR ADULTS

The first result of the project will be a Training Program for Adults about Dementia. The program is addressing, at the same time three target groups, that are either people giving care to persons with dementia or people suffering from dementia at an early stage:

- a) formal caregivers
- b) family caregivers (family, friends and volunteers)
- c) people with dementia, at an early stage of the disease and aged 50+

When developed and translated to the partner languages, the program will be tested by representatives from all three target groups. The training methodology to be used will be digital storytelling, including PPTs, Videos (animation), Role Playing Videos (acting), etc., while a large part of existing educational materials and resources across Europe will be exploited and used accordingly.

The training program consists of six modules  
 Module 1: What is dementia?

Module 2: An active life with dementia

Module 3: How to understand and cope with behavior challenges of people with dementia. Communication.

Module 4: Non-pharmacological interventions

Module 5: Dementia friendly environment

Module 6: Cooperation: the professional, the family of the person with dementia, the person with dementia.

The training program is developed in a close cooperation among the partners and prior to the production of the module, desk research as well as field research were carried out in the partner countries. Sweden, Greece, Italy, Denmark, Poland and Ireland. During the field research, representatives from all targets groups as well as local experts were interviewed to meet real needs and ensure the relevance of the project.

## NEXT STEP

Development of an educational programme targeting:

1. children/ young people aged 6-17, who live at the same house with grandparents suffering from dementia
2. formal and family caregivers.

The objectives are:

- familiarize the children of the house with dementia;
- explain to children what this disease is and how they should behave and communicate when this disease happens to be in their environment;
- support especially the family caregivers who are responsible for caring both persons with dementia and children and relieve them of the stress of caring these two groups separately, so as to learn to coexist.

