GOLD PROJECT NEWSLETTER

GOLD PROJECT WEBINAR

We would like to invite you to GOLD project multiplier webinar that will take place on 25th of January 2023 online!

You will have the chance to learn more about best practices - activities targeted to old aged people implemented by our partners!

Participation in the webinar is free. To register, fill in this form!
Do not miss it!https://forms.gle/hc8PQMeJV6Yp2oWK6

This project has been funded with support from the European Commission. Its content and material reflects only the views of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein. Project number: 2020-1-EL01-KA204-078895

Co-funded by the Erasmus+ Programme of the European Union

SECOND TRAINING FOR GOLD PROJECT

On May of 2022, project partners Challedu (Greece), E-Seniors (France), Frodizo (Greece), Muenster University (Germany), Reading to the Others (Greece) and Association Generation (Bulgaria) met for the second Learning Teaching Training Activity (LTTA) and in order to exchange good practices that took place in Athens.

On the first day, Challedu presented the GOLD best practices they have implemented as an organization. More specifically, they discussed Bridge Game Jam, a 3-day event in Chalkida, in order to raise awareness for dementia, to bring together elderly people with dementia and to create games that would serve as tools for empowerment and enhancement of people with dementia. Participants had a chance to play some games created back then but also co created prototypes of games on their own.

This project has been funded with support from the European Commission. Its content and material reflects only the views of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein. Project number: 2020-1-EL01-KA204-078895

Co-funded by the Erasmus+ Programme of the European Union

After the presentation of best practices, the participants of LLTA, visited the studio of Reading to the Others and some of them recorded a small part of a fiction novel.

And this event marked the end of the trainings and exchanges of good practices among the partnership. We are looking forward to implementing and getting inspired for more GOLD activities for old people in the future! Stay tuned!

PARTNER MEETING AT SOFIA

From 12-13 July 2022 we organized our second Transnational Project Meeting in Sofia (Bulgaria). The goal of this TPM was to address the tasks completed and to consider the next steps of the project. Challedu discussed on actions implemented and results achieved till now and on the Key next steps. Reading to the Others, shared facts about dissemination actions of the project.

We also had a chance to learn about more interesting practices from our Greek partner, Frodizo.

More specifically, they presented interesting practices such as:

• How people over 65 years old can use digital devices for (partners: Frontizo, Open University Patras and U3)

• Online training courses for people 65+: topics included where how to use different devices, how to keep active thinking and avoid dementia in older people, how to track changes in the behavior of people with dementia using apps or electronic devices etc. (Frodizo and Vodafone Greece)

Moreover, Association Generation organized a short tour in Sofia for historical sightseeing.

This project has been funded with support from the European Commission. Its content and material reflects only the views of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein. Project number: 2020-1-EL01-KA204-078895

Co-funded by the Erasmus+ Programme of the European Union

PARTNER MEETING AT MUENSTER

In September we had our **third and last face to faceTransnational Project Meeting** at Muenster, in Germany (27 -28 September 2022. Partners had a chance to discuss the final steps and paending tasks of the project as well as final dissemination activities.

We also had the chance to practice Yoga exercised by the instructor of Muenster University, in relation to Yoga Program for Elderly People (a good practice for Aged People by the University of Muenster.

Last but not least, we initiated a discussion on how the partnership could exploit the results of the project and create new activities and cooperations.

LET'S TALK ABOUT GOLD PROJECT

"GOLD – Good Practices for OLD People", is a project funded by the Erasmus+ programme aiming at promoting exchange of best practices for the social inclusion of old people as well as their mental and physical health maintenance and skills development.

The main priorities of GOLD are to promote social inclusion of old aged people who face health-related conditions and/or segregation of any type leading to absent or marginal civic participation as well as disparities in access to the digital world and to develop the competencies of educators, adult trainers, other personnel working with old aged people (psychologists, ergo therapists, social workers, doctors) and carers who support adult learners especially old people particularly in motivating them to take part in social life and events as well as learning and engaging in new experiences by developing new skills (including digital skills).

Partners

The project is carried out transnationally by partners from different European countries: CHALLEDU (Greece), E-Seniors (France), Frodizo (Greece), Reading for others (Greece), University of Muenster (Germany) and Association GENERATIONS (Bulgaria).

Results

1 Mapping of the status and needs of old people

2 Collection of good practices on social inclusion and health maintenance of old aged people

This project has been funded with support from the European Commission. Its content and material reflects only the views of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein. Project number: 2020-1-EL01-KA204-078895

Co-funded by the Erasmus+ Programme of the European Union

3 Best GOLD practices that have been applied, tested and verified within the partner organizations for the elderly, addressed also to educators-trainers-related professionals.

4 Short Videos from partner organizations' experiences with projects concerning people of age 65+

This project has been funded with support from the European Commission. Its content and material reflects only the views of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein. Project number: 2020-1-EL01-KA204-078895

Co-funded by the Erasmus+ Programme of the European Union